

Nutrition Facts

Serving Size 1/2 cup (71g)

Servings Per Container 12

Amount Per Serving

Calories 170 **Calories from Fat** 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 75mg **3%**

Total Carbohydrate 19g **6%**

Dietary Fiber 0g **0%**

Sugars 15g

Protein 2g

Vitamin A 8% • **Vitamin C** 0%

Calcium 6% • **Iron** 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g